

## XV. TOBACCO USE

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Tobacco products are made entirely or partly of leaf tobacco as raw material, which are intended to be smoked, sucked, chewed, or snuffed. All contain the highly addictive psychoactive ingredient, nicotine. Tobacco use is one of the main risk factors for a number of chronic diseases, including cancer, lung diseases, and cardiovascular diseases.<sup>70</sup>

The MICS Punjab, 2014 collected information on ever and current use of tobacco and intensity of use among women age 15-49 years.

### Tobacco Use

The data on ever and current use of tobacco products by women age 15-49 is displayed in table TA.1. About 6 percent of women reported to have ever used a tobacco product, while 4 percent smoked cigarettes, or used smoked or smokeless tobacco products on one or more days during the last one month.

Tobacco use among women, during the last one month, was highest in DG Khan (13%) compared to the other divisions. Use of tobacco was also more common in rural areas than in urban (7% and 3% respectively). Use of any tobacco product is higher among women with low education, older women and those living in the households in the lowest quintile. For example, while 13 percent of women age 45-49 use tobacco, the corresponding figure is less than 1 percent for young women age 15-19. Similarly, 12 percent of women living in the households in the lowest quintile use tobacco products compared to less than 1 percent of women living in the households in the highest quintile. Figure TA.1 illustrates ever and current smokers by age of the woman.

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<sup>70</sup> WHO. <http://www.who.int/topics/tobacco/en/>

**Figure TA.1: Ever and current smokers by age groups, MICS Punjab, 2014**

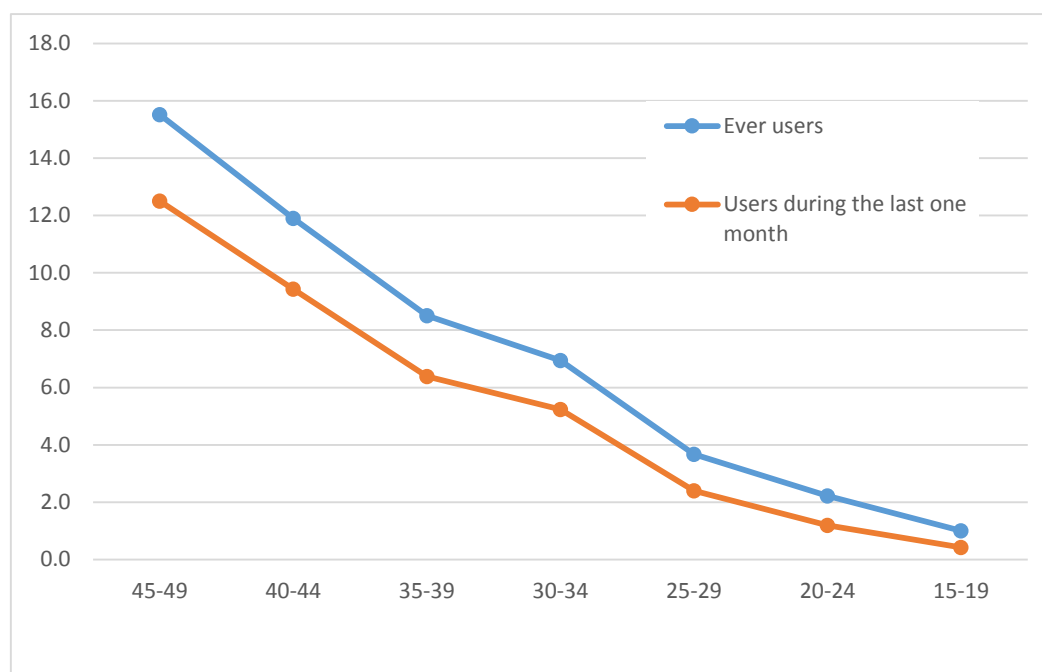


Table TA.1: Current and ever use of tobacco										
Percentage of women age 15-49 years by pattern of use of tobacco, Punjab, 2104.										
	Never smoked cigarettes or used other tobacco products	Ever users				Users of tobacco products at any time during the last one month				Number of women age 15-49 years
		Only cigarettes	Cigarettes and other tobacco products	Only other tobacco products	Any tobacco product	Only cigarettes	Cigarettes and other tobacco products	Only other tobacco products	Any tobacco product <sup>1</sup>	
<b>Punjab</b>	94.2	1.1	0.6	4.0	5.7	0.7	0.3	3.2	4.1	53,668
<b>Area of residence</b>										
Rural	93.0	1.2	0.7	4.9	6.9	0.8	0.4	4.3	5.5	35,043
All Urban	96.5	0.9	0.3	2.2	3.3	0.4	0.1	1.1	1.6	18,625
Major Cities	96.3	1.0	0.2	2.2	3.4	0.4	0.0	0.7	1.1	9,781
Other Urban	96.7	0.7	0.3	2.2	3.2	0.4	0.1	1.6	2.1	8,844
<b>Age</b>										
15-19	98.8	0.2	0.1	0.8	1.0	0.1	0.0	0.4	0.4	11,158
20-24	97.7	0.5	0.2	1.5	2.2	0.2	0.1	0.9	1.2	9,960
25-29	96.2	0.6	0.3	2.8	3.7	0.3	0.1	2.0	2.4	9,114
30-34	93.0	1.6	0.4	5.0	6.9	1.0	0.1	4.1	5.2	7,558
35-39	91.4	1.9	1.0	5.7	8.5	1.1	0.5	4.8	6.4	6,251
40-44	88.0	2.2	1.6	8.2	11.9	1.6	0.9	6.9	9.4	5,078
45-49	84.4	2.5	1.8	11.2	15.5	1.7	1.0	9.7	12.5	4,548
<b>Under-5s in the same household</b>										
At least one	94.1	1.2	0.5	4.0	5.8	0.7	0.3	3.3	4.2	26,867
None	94.3	1.0	0.6	4.0	5.6	0.7	0.3	3.1	4.1	26,801
<b>Women's education<sup>a</sup></b>										
None/pre-school	89.0	2.0	1.2	7.8	10.9	1.5	0.7	7.0	9.2	20,887
Primary	96.2	0.7	0.4	2.6	3.7	0.3	0.1	1.7	2.1	9,296
Middle	97.2	0.5	0.3	1.8	2.6	0.1	0.1	0.7	1.0	5,714
Secondary	98.3	0.5	0.0	1.0	1.6	0.0	0.0	0.4	0.4	8,837
Higher	98.4	0.4	0.1	1.0	1.5	0.1	0.0	0.2	0.2	8,916

Table TA.1: Current and ever use of tobacco										
Percentage of women age 15-49 years by pattern of use of tobacco, Punjab, 2104.										
	Never smoked cigarettes or used other tobacco products	Ever users				Users of tobacco products at any time during the last one month				Number of women age 15-49 years
		Only cigar ettes	Cigarettes and other tobacco products	Only other tobacco products	Any tobacco product	Only cigare ttes	Cigarettes and other tobacco products	Only other tobacco products	Any toba cco prod uct <sup>1</sup>	
Wealth index quintile										
Lowest	86.8	2.0	1.4	9.7	13.1	1.6	0.9	9.3	11.8	9,271
Second	93.1	1.3	0.7	4.8	6.8	0.9	0.4	4.0	5.3	10,353
Middle	95.5	0.9	0.5	2.9	4.4	0.4	0.3	2.2	2.8	10,898
Fourth	96.7	0.7	0.2	2.2	3.2	0.3	0.1	1.3	1.7	11,528
Highest	97.5	0.7	0.2	1.5	2.3	0.2	0.0	0.5	0.7	11,617
Division										
Bahawalpur	95.2	1.5	0.4	2.8	4.7	1.3	0.3	2.4	4.0	5,369
D.G. Khan	86.0	0.9	1.1	11.9	13.9	0.8	0.5	11.3	12.6	4,563
Faisalabad	95.2	0.8	0.7	3.2	4.7	0.5	0.6	2.7	3.8	6,796
Gujranwala	96.3	1.0	0.5	2.2	3.6	0.5	0.2	1.3	2.0	8,328
Lahore	95.7	1.5	0.4	2.3	4.2	0.6	0.1	1.0	1.7	9,685
Multan	96.2	0.7	0.3	2.6	3.6	0.5	0.1	2.2	2.8	5,887
Rawalpindi	94.5	0.5	0.3	4.4	5.1	0.2	0.0	3.1	3.3	5,086
Sahiwal	93.6	2.1	1.3	3.0	6.3	1.5	0.7	2.4	4.6	3,685
Sargodha	90.1	1.0	0.6	8.2	9.8	0.6	0.3	7.1	8.0	4,270
Punjab	94.2	1.1	0.6	4.0	5.7	0.7	0.3	3.2	4.1	53,668
1 MICS indicator 12.1 - Tobacco use										
a Total includes 15 unweighted cases of women's education missing										

Table TA.2 presents data on age at first use of cigarettes, as well as frequency of use. The results show that less than 1 percent of women 15-49 years smoked a cigarette for the first time before age 15. Among the current cigarettes smokers, 70 percent of women smoked less than 5 cigarettes followed by 12 percent of women who smoked 5-9 cigarettes in the last 24 hours.

**Table TA.2: Age at first use of cigarettes and frequency of use**

Percentage of women age 15-49 years who smoked a whole cigarette before age 15, and percent distribution of current smokers by the number of cigarettes smoked in the last 24 hours, Punjab, 2104.

	Percentage of women who smoked a whole cigarette before age 15 <sup>1</sup>	Number of women age 15-49 years	Number of cigarettes in the last 24 hours						Number of women age 15-49 years who are current cigarette smokers
			Less than 5	5-9	10-19	20+	DK/ Missing	Total	
<b>Punjab</b>	0.2	53,668	70.1	12.5	9.4	7.8	0.2	100.0	520
<b>Area of residence</b>									
Rural	0.2	35,043	70.4	11.8	10.1	7.5	0.2	100.0	435
All Urban	0.1	18,625	68.8	16.3	5.6	9.3	0.0	100.0	84
Major Cities	0.2	9,781	(*)	(*)	(*)	(*)	(*)	100.0	40
Other Urban	0.1	8,844	66.7	14.7	8.3	10.3	0.0	100.0	45
<b>Age</b>									
15-19	0.1	11,158	(*)	(*)	(*)	(*)	(*)	100.0	7
20-24	0.1	9,960	(71.1)	(10.6)	(7.9)	(10.4)	(0.0)	100.0	29
25-29	0.1	9,114	(76.8)	(16.7)	(4.1)	(2.3)	(0.0)	100.0	36
30-34	0.1	7,558	71.0	12.6	8.5	7.9	0.0	100.0	88
35-39	0.4	6,251	70.0	11.3	10.5	7.7	0.5	100.0	100
40-44	0.4	5,078	71.8	12.3	10.1	5.3	0.4	100.0	131
45-49	0.4	4,548	64.9	12.8	10.6	11.8	0.0	100.0	129
<b>Under-5s in the same household</b>									
At least one	0.2	26,867	71.9	14.0	8.5	5.3	0.2	100.0	256
None	0.2	26,801	68.4	11.0	10.2	10.2	0.2	100.0	264
<b>Women's education<sup>a</sup></b>									
None/pre-school	0.3	20,887	68.8	13.1	10.0	7.9	0.2	100.0	453
Primary	0.1	9,296	(78.7)	(7.2)	(1.9)	(12.2)	(0.0)	100.0	41
Middle	0.1	5,714	(*)	(*)	(*)	(*)	(*)	100.0	13
Secondary	0.2	8,837	(*)	(*)	(*)	(*)	(*)	100.0	5
Higher	0.1	8,916	(*)	(*)	(*)	(*)	(*)	100.0	7
<b>Wealth index quintile</b>									
Lowest	0.4	9,271	63.6	12.3	12.9	10.9	0.2	100.0	233
Second	0.2	10,353	73.4	9.4	10.6	6.2	0.4	100.0	139
Middle	0.1	10,898	78.8	17.1	0.7	3.3	0.0	100.0	77
Fourth	0.1	11,528	(65.8)	(19.3)	(5.6)	(9.3)	(0.0)	100.0	43
Highest	0.1	11,617	(*)	(*)	(*)	(*)	(*)	100.0	28
<b>Division</b>									
Bahawalpur	0.2	5,369	61.3	16.4	12.1	10.3	0.0	100.0	86
D.G. Khan	0.3	4,563	68.6	8.3	6.2	15.0	1.8	100.0	59
Faisalabad	0.3	6,796	68.4	13.2	14.0	4.4	0.0	100.0	73
Gujranwala	0.1	8,328	70.2	13.7	12.8	3.3	0.0	100.0	62
Lahore	0.2	9,685	81.2	10.7	3.8	4.3	0.0	100.0	72
Multan	0.1	5,887	(69.6)	(9.2)	(15.6)	(5.6)	(0.0)	100.0	36
Rawalpindi	0.1	5,086	(*)	(*)	(*)	(*)	(*)	100.0	10
Sahiwal	0.3	3,685	69.7	12.4	8.1	9.8	0.0	100.0	81
Sargodha	0.2	4,270	(75.5)	(9.4)	(3.4)	(11.8)	(0.0)	100.0	39

<sup>1</sup> MICS indicator 12.2 - Smoking before age 15

( ) Figures that are based on 25-49 unweighted cases

(\*) Figures that are based on fewer than 25 unweighted cases

<sup>a</sup> Total includes 15 unweighted cases of women's education missing